



What Vasculitis Patients Want their Nephrologists to Know

- Please educate us. Things that are common knowledge to you, might be unfamiliar to us. Tell us about:
 - Dietary changes we can make to help our kidneys.
 - Measures we can take to protect our kidneys from additional damage.
 - Medications we should avoid.
- Vasculitis is frequently systemic. Please treat me as a whole person, not just a renal system.
- The pain and fatigue are impossible to describe and are not just “in our heads.”
- Every symptom we have is not necessarily related to our vasculitis.
- We are frightened and overwhelmed. We gain hope when you are willing to help us find answers.
- Successful treatment of vasculitis requires a team approach. Willingness to coordinate care with rheumatologists and other healthcare professionals is essential.
- Regularly monitor our kidney health. Irreversible kidney damage may be occurring long before we notice symptoms.